

# Unified Theory of Trauma and Anxiety

## The New Biopsychosocial Model of Suffering and Trauma

*Presented by Dr Paul Canali and Jim Fazio*

### LEVEL 1 RETREAT / WORKSHOP

Saturday, March 28, 2020

**Now is the time!** This first of six seminars is absolutely essential for professionals or non-professionals who are involved in healing yourself or your clients. For the first time, you will hear about the unified understanding of what is the nature of disease and suffering and how to have more health, happiness and vitality. Learn the unified understanding of mental health, alternative and body-based practices and other methodologies.

**Come and learn the secrets** of how to find your true purpose and meaning. Where you can apply them, whether in your own practice, for yourself or for your families. These are Essentials if you're going to be happy and survive in the 21st century.



**The founder of Unified Therapy™, Dr Paul Canali presents this day-long event of lecture, discussion, demonstrations and hands-on instruction as we look within and explore the New Biopsychosocial Model of Suffering and Trauma.**

**The Unified Theory of Trauma and Anxiety** is a comprehensive model of human evolution and development. It is becoming alarmingly clear that both physiological and psychological health and disease, whether we thrive or remain stuck in life and even our search for purpose and meaning, has more to do with how *skilled* we are at releasing childhood and adult toxic stress and trauma than anyone could imagine.

**~ Learn not only to heal yourself, but to help heal others ~**

**You will hear, watch and actively participate in the healing process. You will learn:**

- A unified understanding of the nature of disease and suffering and help heal yourself to have more happiness and health in your own life.
- Learn how to use the Autonomic Nervous System as a powerful tool for healing and resilience.
- How to incorporate these principles with your friends, family, group settings and in your own life.
- The secrets of joy, happiness and how to survive in the 21<sup>st</sup> century through purpose and meaning.
- New skills to enhance and perfect your methodology along with new breakthrough tools to boost your effectiveness and results in your practice.

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# Unified Theory of Trauma and Anxiety Workshop Instructors



## **Dr Paul J Canali**

Dr Paul Canali is a true pioneer in brain body medicine. He is considered to be one of the most experienced Physician Healers alive today. His discovery of the Homeostatic Healing Reflex and a Unified Theory of Healing Therapies has proven to be the most effective tool for healing toxic stress, trauma, and chronic pain.



## **Jim Fazio, LMT, CSI, UTP**

Jim is a multi-disciplinary Neuromuscular Therapist who has been in private practice for over 25 years. A serious seeker, he represents a rare breed of therapists that addresses the biopsychosocial components of neuromuscular pain, trauma, and anxiety and supports those that are on the spiritual quest.

Jim has a wealth of clinical experience in a variety of medical and fitness settings and brings both personal experience and clinical knowledge to his work as a Unified Therapy™ Practitioner.

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The seminar is **exclusive** to 20 people and includes lunch. To register, please contact the EH Office by email ([ehmiami@gmail.com](mailto:ehmiami@gmail.com)) or by phone (305-667-8174). This Level 1 Retreat will be held at:

**Christ Congregational Church, Kelsey Hall**  
**14920 SW 67th Avenue, Palmetto Bay, FL 33158**  
**9:30 am to 7:00 pm**  
**Fee - \$350**  
**Register before March 13<sup>th</sup> - \$325**